



Results and remarks

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Preface

This report of Mindconnexion is automatically generated following the mind scan you made on set date under responsibility of named mentor. It is intended to support the exchange about a by participant and mentor together decided subject related to the participant's current or (possible) future role. The tool is at its best an addition to support existing methods, procedures and experience the mentor has at his or her disposal. Mindconnexion creates via this report and related model as displayed in the report a framework to discuss personality characteristics and behavioral competences.

Interpretation

The broader the information in this report is interpreted the better the experiences and beliefs present can be acknowledged, recognized and accepted by the participant. The participant as well as the mentor can add supplementary comments to this report. The outcome and design of Mindconnexion are not meant as tool to test and/or evaluate participants in anyway.

We wish you much inspiration with next big(ger) or smal(ler) steps in your career!

Kind wishes,

Mindconnexion

Introduction elements

The results in this area give an impression of the preferences you indicated translated by Mindconnexion in the functions of awareness Thinking, Willing, Feeling and Doing.

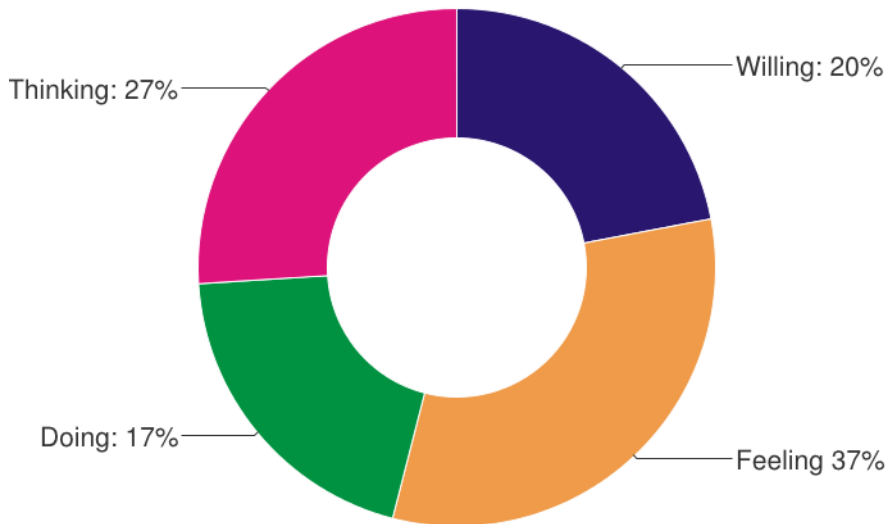
Ecology

In her model Mindconnexion consciously has chosen to use the four elements air, fire, water and earth based on the vision of the existence of deep connections and connectedness between all beings and forces populating and forming the world. This way Mindconnexion hopes to raise awareness for the responsibility we have for our planet.

This outcome can be regarded as a representation of a snapshot of your personal ecology; the inter cohesiveness between all inner and outer qualities and capabilities you have available. Every quality or capability is as a part inextricable connected with all other qualities and capabilities. These influence each other and are connected with larger entities. This is most visible in the mind map in the back of this report.

Elements rated

Scan 1



Series	Thinking	Willing	Feeling	Doing
s1	3	1	4	2
s2	1	3	4	2
s3	4	2	3	1
Total	8	6	11	5

Scan 2

First preference: 9

Second preference: 6

Gender: women

Preferred element

Mindconnexion distinguishes four elements connected to specific functions of awareness; Air-Thinking, Fire-Willing, Water-Feeling, Earth-Doing. These functions of awareness are specifically tuned to receiving, processing and relinquishing of thoughts, visions, feelings and matter. In principle you have all four functions of awareness available to you. To what extent an element is used can differ from person to person. Below you find the element you prefer the most at this moment and with which you feel the most connection with to approach yourself and the world.

Water-Feeling



Aimed at: **Contact and Relation**

Verb: To connect

Core: Atmosphere-aware

According to Mindconnexion you approach the world and yourself at this moment the strongest from Feeling. You strongly experience and approach the world from your own emotional perception. You want to connect people and feel connected with people. Giving and receiving care are your most powerful instruments. You try to avoid (mental) pain as much as possible. You are sensitive to the world around you and withdraw if you dislike the atmosphere. You have an intimate relationship with love. Your daily life is defined by patterns of habit. You place great importance to the past. You are devoted, servant and empathic. Exteriorly you show restraint and are easily influenced at the same time. Feeling is a process of the abdomen. Externally you are focused on (more) objective contacts and based on this, start internally (more) subjective relationships. Feeling magnifies your sense of self-worth.

You are like Water; easy going, lively, vitalizing, sometimes overflowing, loving and Watery.

Combination pattern

The combination pattern below is composed of the two elements you gave the most preference. It gives an impression of your motivation or inner drive combined with the way you present or show yourself in and to the world. The description of your elements-combination encompasses a description of the way you (prefer) to work, competences and associated key words.

The Knowledge Oriented Teamplayer



Let's Analyze It Together

From Relation to Concept

Water-Feeling is connected with Air-Thinking. You prefer Feeling the most. It's where you find your inner drive and basic security. You use Thinking as your way to the outside world or it is your presentation. You are communicating based on the connection. In the and your "outer world" you are focused on serving others and are knowledge oriented. In the and your "inner world" you are listening and innovating.

Competences

Support, Cooperate, Adapt and Cope
Analyze, Interpret, Create, Learn

Key words

Drives: *People, Knowledge*

Attributes: *Sensitive, Eager to Learn*

Verbs: *Connect, Translate*

Qualities: *Cooperation, Communication* *Serve, Innovate*

Work atmosphere: *Service, Management* *Socially, Mentally*

Tuned in to: *We (Together), They (Abstract Other)*

Focus: *Vitality, Reflection*

Helps by: *Coaching, Advising*

Belief-system: *Wants to be Appreciated, Wants to be Understood*

Traps: *Drowning in Orders, Concept-thinking*

Aversion/Attraction: *People preferring Fire-Willing and/or Earth-Doing*

Leadership: *Relational, Innovative*

Resistance and compensation

When the presence of an element or function of awareness is strong or weak (compared to the balance) it can point at the occurrence of resistance or compensation. Resistance has to do with objection, something you omit or it functions as a kind of constraint. Compensation is looking for and finding satisfaction in a certain behavior to overcome an unwanted idea, feeling or experience. Resistance is a movement of avoiding and compensation is a movement of searching. In Mindconnexion resistance is connected to receiving aspects of the functions of awareness; Information, Image, Contact and Material and compensation is connected to the sending aspects; Concept, Action, Relation and Form. Below an indication is given per element if there is resistance, compensation or balance.

Compensation in Water-Feeling

Area: *Relation*

Orientation: *Outer world*

Can lead to: *Autocracy*

Possibly you have the tendency to flood the other with your presence or your feelings. The urge to care for others might make you feel important. Likely you give what you feel the other needs, but lose sight of the other and his or her real need. Self-confidence can possibly turn into exerting power and in the worst case lead to a form of tyranny.

Balance in Air-Thinking

Nuance - Your result of the element below is not far removed from balance. You can let this text weigh less in your interpretation. Take out of it what appeals to you!

Resistance in Fire-Willing

Area: *Image*

Orientation: *Outer world*

Can lead to: *Powerlessness*

You are someone who might have lots of impressions, but in a way gets stuck in it. These impressions can overtake you or give you a feeling of powerlessness. You rather might like to avoid challenges. It is as if you receive what you in a certain situation can do, but you don't act accordingly. Possibly you live in visions of many possibilities, without realizing them or getting yourself moving.

Resistance in Earth-Doing

Area: *Material*

Orientation: *Inner world*

Can lead to: *Incompetence*

You are someone who possibly finds it difficult to get to the practical execution of affairs. Likely you have trouble with physical labor, routine jobs and money (earning and/or spending). It is as if you are capable to buy the (building) material but don't get to the actual building of for example the house. Possibly you feel incompetent because of this.

Work

Below you will find a refined version of your elements-combination about Work, Relating with people and Work environment. The results are presented per subject in two columns of key words connected with your preferred elements. In most cases the first column of key words is perceived as a bit more important than the second column. You can connect the definitions to your current state or a desired state.

Work

This is about the nature of the work you are doing at the moment or you consider as suited for you. It shows which qualities you find most attractive or which qualities you deploy a lot in work or activities.

Air-Thinking: *Analyze, Organize, Advice, Overview*

Water-Feeling: *Cooperate, Serve, Coach, Flexible*

Relating to people

This is about how you relate at this moment to for example colleagues, customers and people in your network or how you really would like to relate to people.

Water-Feeling: *Empathy, Connect, Safety, Intimacy*

Fire-Willing: *Driven, Convince, (Ego)centric, Passion*

Work environment

This is about the type of organization or department where you work at his moment or where you would like to work. A specific job can be practiced in many different industries. In some work environments you feel more at home than in others.

Water-Feeling: *Atmosphere, Sensitive, Social, Caring*

Air-Thinking: *Knowledge, Curious, Logical, Perspective*

Hemispheres of the brain

The four functions of awareness have in Mindconnexion's vision a specific relationship with the hemispheres of the brain. The left hemisphere performs tasks related to Air-Thinking and Earth-Physical and your right hemisphere performs tasks related to Water-Feeling and Fire-Intuition. Your left hemisphere focuses more on matter. Your right hemisphere focuses more on energy. Your left hemisphere has the ability to analyze and process information in a certain sequence. New information is understood by connecting it to previously stored information. Your right hemisphere has the ability to connect and process multiple kinds of (abstract) information at the same time. Your left hemisphere controls and activates the right part of your body and your right hemisphere the left part of your body. Your brain hemispheres are connected through the corpus callosum. This connection is involved in the exchange of information between the two hemispheres of the brain.

Dominance of the right brain hemisphere

You are more visual oriented and have a good empathic ability. You are better in combining different viewpoints, noticing what is not being said, interpreting emotions, feelings & abstract concepts and imagination. You can have difficulty with attention for detail, organizing ability, putting ideas into words and that can complicate effective communication for you.

Day rhythm

Every human being lives in one way or another in a certain day-rhythm. For a large part your day-rhythm is determined by your character or personality. Where one person gets mostly their inspiration at nighttime, others have this mostly in daytime. One person feels most at ease in the morning to work on plans, the other mostly in the evening. Below is described which day-rhythm fits you best at this moment.

Day-rhythm Water-Feeling

In general you move evenly throughout the whole day. You get up quietly, are conscious of your own role, look for and make contact with the other or others. Throughout the day you have the tendency to strongly connect yourself to the situation you are in. In addition you are constantly conscious of the atmosphere you perceive in your surroundings. When you experience this as negative you will withdraw or separate yourself. At the start of the afternoon you just are who you are and look for quietness. At the end of the afternoon you look for company. During and after dinner you like to be in control. In the evening you have the need for harmony and you enjoy your-self. People play a big part in your dreams. *Remember your dreams.*

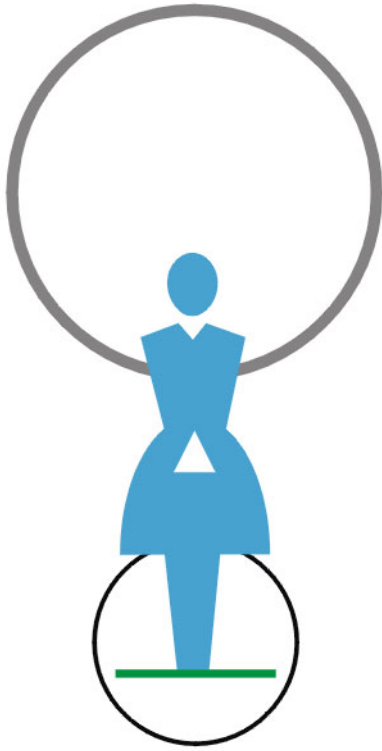
Introduction giving and receiving

The abilities of Receiving and Giving play a part in all bodily and mental processes taking place inside you. You take in food, process it through digestion and relinquish food remainders. You breathe in oxygen, process it through your lungs and blood and relinquish CO2. In a similar way you also treat among other things thoughts, inspiration, warmth, love, feelings, care, energy or money.

Your abilities for Receiving and Giving have mainly to do with the ability to Receive yourself in life and to Give yourself to life. To Receive yourself in life equals to give yourself the space for everything that you are and receive of life. To Give yourself to life equals to bring out all that you are and have to offer.

You just have these abilities in you. Your reaction to your impression of the relationship with your mother is related to your ability of Receiving. Your reaction to your impression of your relationship with your father is interwoven with your ability of Giving. The abilities for Receiving and Giving can make the combination pattern in this report stronger, harmonized or weaker.

Giving and Receiving



In de image above the black upper circle stands for Receiving and the grey lower circle for Giving.

Giving strong Receiving weak

According to Mindconnexion you take in insufficient room to receive all that you are and are given from life. You utter abundantly to the outside world of all that you are and have to offer.

Weakened: *Doing and Feeling (accent on Material and Contact)*

Strengthened: *Thinking and Willing (accent on Concept and Action)*

Impression of (the relationship with) the mother: *absent or weak*

Impression of (the relationship with) the father: *strongly present or dominant*

Deepening

Below you'll find a deepening of your result for Giving and Receiving. This further deepening shows how someone can position him or herself in general towards people and relationships. When balanced there is no further explanation given.

Giving strong

You often can have an unbelievable amount of energy and power of expression to your availability and bring this out into the open. You can have the feeling that you don't live if you don't do or undertake something. You can intuitively and mentally dominate, overpower or play boss. You can be very present in groups, talk a lot or determine the atmosphere. You can be dominant or extraverted and look very independent. You can be especially creative, show initiative, and be generous or influential. You can cross the borders of yourself and the other. Very likely you lose yourself in your Giving. You can feel empty and feel a constant urge to get going and/or to want to travel or manifest you in all kinds of social contexts. The nicest thing about the other is that you can experience your influence in the other.

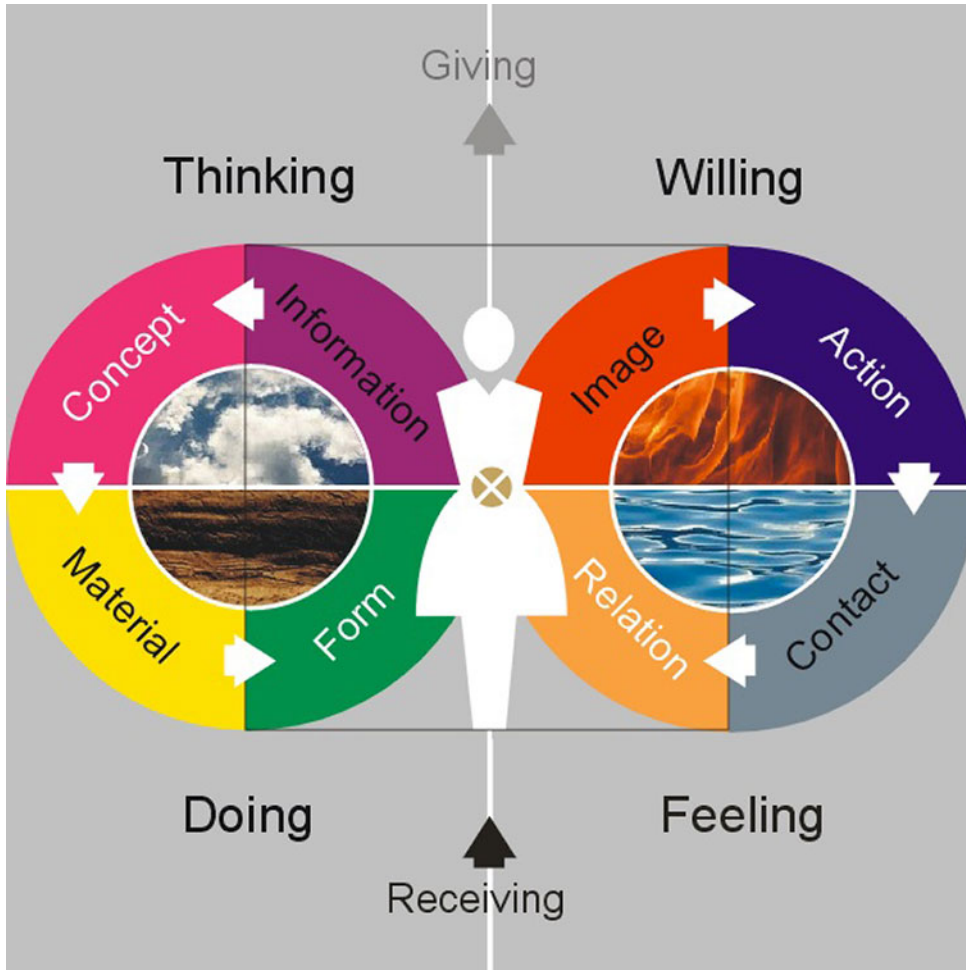
Receiving weak

You can constantly be focused on the other. You can constantly be conscious of the other or reach out to the other. You can feel responsible for the other, wanting to make the other better or strongly react to the other's mood. You can fish for attention and not let it in at the same time. You can feel not understood emotionally or avoid intimacy. You can adapt yourself, amuse the other or keep the other constantly busy. You can continuously look for information and inspiration. You can feel not recognized or empty. You can pull people closer and simultaneously keep them at arm's length. If you receive something from the other you find it hard to accept it or let it in.

Participant comments

Coach comments

Mind map



Contact details

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